	the national code charity	.3		Milto	on Keynes CTC	Rides List - August 2023				cycling	
Day	Date	Time	Start	Destination	Venue	Notes	Pace	<i>Miles</i>	Est. Return	Leader	Phone
Sun	6th. August	9:30am	Fenny	Ashridge	The Brownlow Café	Afternoon coffee @ The Stag, Mentmore	в	45	3:30pm	Gary Haynes	
Sun	13th. August	9:30am	Westcroft G	Brackley	Jenny's	Morning coffee @ The Tipi, Preston Bissett	в	50	3:30pm	Colin Middlemiss	
Sun	20th. August	9:30am	Newport	Billing	The Buttery	Morning Coffee @ The Dragonfly Café Afternoon Coffee @ Grounds, Salcey	в	43	3:30pm	Gary Haynes	
Sun	27th. August	9:30am	Fenny	Marston Moretain	The Forest Centre	Coffee stops to be decided on the day	в	40	3:30pm	Colin Middlemiss	
Mon	28th. August					Bank Holiday					

	Willen Hospice Sportive - Sunday 3rd. September. Follow this link for more details		
	https://www.willen-hospice.org.uk/support-us/fundraise-for-us/challenges-events/cycle-sportive/		
	A mid-week cycling break in Norfolk - 19th. To the 22nd. Sptember. Contact Mike Harris or see our website for more details	Webs	ite Link
Wednesday So	cial - Meeting at Grounds Café, Emberton @ 10:30am most Wednesdays for coffee and a chat.		
-	cial - Meeting at Grounds Café, Emberton @ 10:30am most Wednesdays for coffee and a chat. al - Meeting at Wetherspoons, Midsummer Boulevard @ 10:00am most Thursdays for a "lukewarm Breakfast" and a goss	ip.	
Thursday Socia		ip.	
Thursday Socia Saturday Socia	al - Meeting at Wetherspoons, Midsummer Boulevard @ 10:00am most Thursdays for a "lukewarm Breakfast" and a goss I - Meeting at the Bike Bus, Bourne End @ 10:30am most Saturdays for coffee, cake and a natter.	ip. tes:	Wednesday, Thursday & Saturday events are jus
Thursday Socia Saturday Socia Ride Start Locatior	al - Meeting at Wetherspoons, Midsummer Boulevard @ 10:00am most Thursdays for a "lukewarm Breakfast" and a goss I - Meeting at the Bike Bus, Bourne End @ 10:30am most Saturdays for coffee, cake and a natter. <u>n Details</u> = Newport Pagnell, outside the Health Centre	-	Wednesday, Thursday & Saturday events are jus social gatherings and as such are not covered by the normal rules/insurance etc. of Cycling UK
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Wolverton = Fenny

Wolverton Railway Station Fenny Stratford McDonalds, (A5 roundabout) =

Contact Gary on 07985 448142 or e-mail cyclingguy1961@gmail.com

Web Address

http://www.mkctc.org.uk/